

**A REFERENCE
FOR PERIOPERATIVE
MANAGEMENT OF
PATIENTS ON WARFARIN**

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**Low Thromboembolic Risk
(< 2%/month)**

- Non-valvular atrial fibrillation with CHADS₂ score¹ of 0 to 2 (and no prior stroke or TIA)
- Single VTE occurred >12 months ago
- Mechanical bi-leaflet heart valve in aortic position without atrial fibrillation (AFIB) or other major risk factors for stroke (low EF, hypercoag state)

NO BRIDGING RECOMMENDED

Moderate Thromboembolic Risk (4-10%/mo)

- Non-valvular atrial fibrillation with CHADS₂ score¹ of 3 or 4 (and no prior stroke or TIA)
- VTE within the past 3 to 12 months
- Recurrent VTE(not while on anticoagulation)
- Active cancer treated within 6 months
- Bileaflet aortic heart valve with one or more of the following: AFIB, prior stroke/TIA, hypertension, diabetes, congestive heart failure, age >75 yr
- Non-severe thrombophilic conditions (heterozygous carrier of factor V Leiden mutation or factor II mutation)

BRIDGING MAY BE CONSIDERED

High Thromboembolic Risk (> 10%/mo)

- Non-valvular atrial fibrillation with a CHADS₂ score¹ of 5 or 6, or prior stroke or TIA
- Acute venous or arterial thromboembolic event < 3 months ago (**Elective surgery should be delayed for 3 months. If surgery is necessary within 1 month of venous event, a temporary IVC filter may be indicated**)
- Mechanical heart valve in aortic position and history of CVA/TIA in past 6 months
- Mechanical heart valve in mitral position
- Caged ball or tilting disk aortic heart valve
- > 1 prosthetic heart valve
- Rheumatic mitral valve disease
- Recurrent VTE while on anticoagulation
- Severe thrombophilia (deficiency of protein C, protein S or antithrombin, antiphospholipid antibodies, or multiple thrombophilic abnormalities)

BRIDGING RECOMMENDED

Low Bleeding Risk(major 2-day bleed risk 0-2%)

Cholecystectomy
Gastrointestinal endoscopy +/- biopsy, enteroscopy, biliary/pancreatic stent without sphincterotomy, endonosonography without fine-needle aspiration
Simple dental extractions
Carpal tunnel repair
Shoulder/foot/hand surgery and arthroscopy
Dilatation and curettage
Skin cancer excision
Abdominal hernia repair
Hemorrhoidal surgery
Axillary node dissection
Hydrocele repair
Cataract and noncataract eye surgery
Noncoronary angiography
Bronchoscopy +/- biopsy
Central venous catheter removal
Cutaneous/bladder/prostate/thyroid/breast/lymph node biopsies

If acceptable do not interrupt anticoagulation for procedure. If anticoagulation must be interrupted:

Before procedure:

- Stop warfarin 5 days prior to procedure (take last dose 6 days prior to procedure)
- No bridging necessary
- √ INR day of procedure to document value

After procedure:

- Resume/continue previous warfarin dose on the evening of surgery or when deemed safe
- No bridging necessary
- If the intervention increases the risk of thrombosis, administer prophylactic enoxaparin

If acceptable do not interrupt anticoagulation for procedure. If anticoagulation must be interrupted:

Before procedure:

- Stop warfarin 5 days prior to procedure (take last dose 6 days prior to procedure)
- **Consider** bridging for CHADS₂=4 or higher risk aortic valve based on patient preference, bleeding risk and renal function
- For AFIB/MHV use full dose enoxaparin adjusted for renal function²
- For VTE use prophylactic dosing of enoxaparin
- Start bridge therapy about 36 hours after last warfarin dose
- Last dose of enoxaparin should be given no sooner than 24 hours prior to procedure
- √ INR day of procedure to document value

After procedure:

- Resume/continue previous warfarin dose on POD #0 or when deemed safe
- Check CrCl to guide choice of post-op anticoagulant if inpatient
- If patient not being bridged but the intervention increases the risk of thrombosis, administer prophylactic enoxaparin
- If patient being bridged: Resume full dose bridge therapy with POD #1 or when deemed safe. Continue until INR is in therapeutic range.

If acceptable do not interrupt anticoagulation for procedure. If anticoagulation must be interrupted:

Before procedure:

- Stop warfarin 5 days prior to procedure (take last dose 6 days prior to procedure)
- For AFIB/MHV/VTE use full dose enoxaparin adjusted for renal function²
- Start bridge therapy about 36 hours after last warfarin dose
- Last dose of enoxaparin should be given no sooner than 24 hours prior to procedure
- √ INR day of procedure to document value

After procedure:

- Resume/continue previous warfarin dose on POD #0 or when deemed safe
- Check CrCl to guide choice of post-op anticoagulant if inpatient
- If patient being bridged: Resume full dose bridge therapy with enoxaparin on POD #1 or when deemed safe. Continue until INR is in therapeutic range.

High Bleeding Risk (major 2-day bleed risk 2-4%)

Heart valve replacement/CABG
AAA repair
Neurosurgical/urologic/head and neck/abdominal/breast cancer surgery
Knee/hip replacement
Laminectomy
Transurethral prostate resection
Kidney biopsy
Polypectomy, variceal treatment, biliary sphincterectomy, pneumatic dilatation
PEG placement
Endoscopically guided fine-needle aspiration
Multiple tooth extractions
Vascular and general surgery
Pacemaker and cardiac defibrillator insertion
Any major operation (procedure duration > 45 minutes)

Perform procedure when INR < 1.5:

Before procedure:

- Stop warfarin 5 days prior to procedure (take last dose 6 days prior to procedure)
- No bridging necessary
- √ INR day of procedure to document value

After procedure:

- Resume previous warfarin dose on the evening of surgery or when deemed safe
- If the intervention increases the risk of thrombosis, administer prophylactic enoxaparin
- No bridging necessary

Perform procedure when INR < 1.5:

Before procedure:

- Stop warfarin 5 days prior to procedure (take last dose 6 days prior to procedure)
- **Consider** bridging based on patient preference, bleeding risk and renal function
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After procedure:

- Resume previous warfarin dose on the evening of surgery or when deemed safe
- Check CrCl to guide choice of post-op anticoagulant if inpatient
- If patient not being bridged but the intervention increases the risk of thrombosis, administer prophylactic enoxaparin
- If patient being bridged: Resume full dose bridge therapy with enoxaparin adjusted for renal function NO SOONER THAN 48 – 72 hours after surgery when hemostasis achieved. Dose may be “stepped up,” starting with prophylactic doses of heparin or enoxaparin. Continue until INR is in target range.
- Note: Risk of full dose bridging may outweigh benefits

Perform procedure when INR < 1.5:

Before procedure:

- Stop warfarin 5 days prior to procedure (take last dose 6 days prior to procedure)
- For AFIB/MHV/VTE use full dose enoxaparin adjusted for renal function²
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After procedure:

- Resume previous warfarin dose on the evening of surgery or when deemed safe
- Check CrCl to guide choice of post-op anticoagulant if inpatient
- Resume full dose bridge therapy with enoxaparin adjusted for renal function NO SOONER THAN 48 – 72 hours after surgery when hemostasis achieved. Dose may be “stepped up,” starting with prophylactic doses of heparin or enoxaparin. Continue until INR is in target range
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¹ CHADS₂ score for assessment of stroke risk in atrial fibrillation patients

* Recent or current CHF?	[] 1 point
**Dx of hypertension?	[] 1 point
Age ≥ 75 years?	[] 1 point
**Dx of diabetes	[] 1 point
Hx of CVA and/or TIA	[] 2 points

* Ejection fraction of < 25% or have had a CHF exacerbation within 90 days.
 ** Score as YES in patients with this diagnosis, even if the problem is currently well-controlled with meds or diet.

² Full intensity bridging dose of enoxaparin based on renal function

Full intensity bridging dose of enoxaparin									
Enoxaparin	Maintenance: dose adjust based on renal function:								
	<table border="1"> <thead> <tr> <th>Est. CrCl (ml/min)</th> <th>Fraction of usual daily dose</th> </tr> </thead> <tbody> <tr> <td>30-39</td> <td>0.5 mg/kg/q12h</td> </tr> <tr> <td>40-49</td> <td>0.6 mg/kg q12h</td> </tr> <tr> <td>≥ 50</td> <td>1 mg/kg q12h</td> </tr> </tbody> </table>	Est. CrCl (ml/min)	Fraction of usual daily dose	30-39	0.5 mg/kg/q12h	40-49	0.6 mg/kg q12h	≥ 50	1 mg/kg q12h
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Notes:

- For patients with decreased creatinine clearance or who may require the need for immediate reversal of anticoagulant effect, consider IV unfractionated heparin (UFH) instead of enoxaparin.
- Do not bolus IV heparin in the post-op period.
- If once-daily LMWH is used for bridging, last dose should be given no sooner than 36 hours pre-op. Alternatively, patient can be transitioned to twice-daily dosing and receive last dose 24 hours pre-op.

A REFERENCE FOR PERIOPERATIVE MANAGEMENT OF PATIENTS ON NEW ORAL ANTICOAGULANTS	Renal Function (CrCl)	Low Bleeding risk <i>2 or 3 drug half-lives between last dose and surgery; aiming for mild to moderate residual anticoagulant effect at surgery (<12%-25% at surgery)</i>	High Bleeding Risk <i>4 or 5 drug half-lives between last dose and surgery; aiming for no or minimal residual anticoagulant effect (<3%-6%) at surgery</i>
DABIGATRAN* (t _{1/2} 14-18 hrs)	CrCL > 50 ml/min CrCL 30-50 ml/min	last dose 2 days prior to procedure (skip 2 doses) last dose 3 days prior to procedure (skip 4 doses)	last dose 3-4 days prior to procedure (skip 4-6 doses) last dose 4-5 days prior to procedure (skip 6-8 doses)
RIVAROXABAN* (t _{1/2} 8-10 hrs)	CrCL > 50 ml/min CrCL 30-50 ml/min CrCL 15-29.9 ml/min	last dose 2 days prior to procedure (skip 1 dose) last dose 2 days prior to procedure (skip 1 dose) last dose 3 days prior to procedure (skip 2 doses)	last dose 3 days prior to procedure (skip 2 doses) last dose 3 days prior to procedure (skip 2 doses) last dose 4 days prior to procedure (skip 3 doses)
APIXABAN* (t _{1/2} 7-18 hrs)	CrCL > 50 ml/min CrCL 30-50 ml/min	last dose 2 days prior to procedure (skip 2 doses) last dose 3 days prior to procedure (skip 4 doses)	last dose 3 days prior to procedure (skip 4 doses) last dose 4 days prior to procedure (skip 6 doses)
*When to Resume		Resume on day after surgery (24 h post-op)	Resume no sooner than 2-3 days after surgery (48-72 h post-op)

*NOTE: The new oral anticoagulants are IMMEDIATELY effective, are not reversible, and cannot be measured by routine coagulation monitoring.

Examples of high bleeding risk procedures include (but are not limited to) cardiac surgery, neurosurgery, abdominal surgery, other surgery involving a major organ, other major surgery where complete hemostasis is required, or situations where patients are receiving spinal/epidural anesthesia. Other important factors that contribute to an increased bleeding risk include advancing age, co-morbidities (e.g., major cardiac, respiratory, or liver disease), or concomitant use of meds that increase bleeding risk (e.g., anti-platelet agents).

References

Spyropoulos et al. How I treat anticoagulated patients undergoing an elective procedure or surgery. Blood.2012;120(15):2954-2962

Barras MA, Duffull SB, Atherton JJ, Green B. Individualized dosing of enoxaparin for subjects with renal impairment is superior to conventional dosing at achieving therapeutic concentrations. Ther Drug Monit. 2010 Aug;32(4):482-8.

Douketis J et al. Perioperative Management of Antithrombotic Therapy Antithrombotic Therapy and Prevention of Thrombosis,9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines CHEST 2012; 141(2)(Suppl):e326S–e350S.